

27 Years and Counting



2 Main Street, Buzzards Bay 02532
(508) 759-1857

Casual Waterfront Dining

Fresh Fish Market & Live Lobster Pool

Sunset dinner specials & kids plates
Healthy and Gluten Free options
Beer & Wine ♦ WiFi

~ CATERING ~

COOKING CLASSES! ~ PRIVATE PARTIES!

SEE JEAN ON WTCV or YOUTUBE

"COOKING WITH JEAN"

2018 SUMMER MENU

DAILY 11 AM - 8 PM

~ Or by Reservation (after hours) ~

*The Lanahan Family thanks you
for your business.*

www.eastwindlobsterandgrille.com



Kids Plates

Served with fries and a juice box

- PB&J or Grilled Cheese 5
- Hot Dog or Hamburger 5
- Chicken Tenders 7

Sides

- Macaroni and Butter 5
- Mac & Cheese (homemade) 7
- Crab Cake 4
- Fish Cake 3
- Stuffed Quahog 4
- Clam Fritters 4 for 6
- Shrimp Cocktail 6 for 10
- Wing Dings 6 for 7
- Mozzarella Sticks 5
- Coleslaw 1
- Basket of French Fries 4
- Basket of hand breaded Onion Rings 5
- Basket of Sweet Potato Fries 5
- Baked Potato with sour cream 3
- House Rice 2
- Vegetable of the Day 2

Salads – Made Fresh Daily

Served with Ken's blue cheese,
Italian, or Ranch.

- Mixed greens with cucumber, cherry
tomatoes, carrots, and onion 6
- Add - Chicken 5 Tuna Salad 5
- Lobster Meat 15 Cocktail Shrimp 6

Desserts

- Fried Oreos 3 for 3
- Gourmet Brownies 3

denotes Gluten Free

Homemade Soup

Cup ~ Bowl

- New England Clam Chowder 4 - 6
- Lobster Bisque 5 - 7
- Irish Fisherman's Soup 5 - 7

Sandwiches

Served on a toasted roll with chips or fries
and a pickle

THE ULTIMATE LOBSTER ROLL

6oz. of meat on a
toasted roll ~ 25

- Haddock 'Wich w/lettuce, tomato & cheese 10
- Whole Clam Roll (Priced Daily)
- Scallop Roll (Priced Daily)
- Clam Strip Roll 12
- Tuna Salad Roll 7
- Boneless Fried Chicken 'Wich 7
- Salmon Burger 12
- Cheeseburger Deluxe 7
- Man'wich (double meat) 10

Wraps & Tacos

Served sweet potato fries or potato chips

- Fish Taco (fried haddock) 12
- Shrimp Taco (grilled) 12
- "East Wind Wrap"
fried haddock, slaw & cheese 12

Drinks

- Pepsi 2 Iced Tea 2.50
- Large Beer & Wine Selection**

denotes Gluten Free

Fried Seafood Dinners

Platter with Coleslaw & Fries

- Haddock Fish & Chips 12
- Shrimp – Large 15
- Popcorn Shrimp 14
- Coconut Shrimp 15
- Clam Strips 14
- Calamari 14
- Sea Scallops 20
- Whole Clams 22
- Oysters 20
- Fried 'Lobsta' with butter 28

Ala Carte "Fish" (1/2 lb)
without fries or slaw (\$3 less than dinner)

Fried Combination Platters

Platters include haddock, shrimp, scallops,
clam strips, fries & coleslaw.
(Add \$5 for whole clams)

- Captains Seafood Platter ~ 1 lb. of seafood
(big enough for 2) 35
- Mate's Seafood Platter ¾ lb. of seafood 28
- Two Way Combos - 2 'fish' from above 25

FAMILY FISH FRY

2 lbs Fish or Chicken, basket of fries
and pint of coleslaw 35

From the Oven/Grille/Broiler

Served with potato or rice and vegetable.

- Grilled Sword Tips 18
- Herb Crusted Seared Salmon 15
- Baked Stuffed Haddock 14
- Pan Seared Scallops 22
- Shrimp Scampi with Penne Pasta 15

Prices subject to change

Lobster and more Lobster...

Priced Daily

Shore Dinner

1 ¼ lb lobster plus 1 lb steamers
and 1 cup of chowder

Select & Jumbo Lobsters

1 ½ lbs. to 10+ lbs. Picked from live lobster
pool and cooked to order

Twin Lobsters

Two 1 ¼ lb. lobsters served with
drawn butter

–House Choice –

TRIPLE LOBSTERS

3 'chick' lobsters cooked to order,
served with drawn butter.

Get your bib on for this!!!



From the Steamer

Priced Daily ~ Seasonal

Steamers

2 lbs. with butter and broth 15

Clam boil

steamers, linguica, potato, onion,
corn on the cob, butter, and broth.

Little necks or Mussels

with garlic, wine, and butter 15

THE BUCKET: Two 1 ¼ lobsters,

2 lbs. of steamers with broth &
butter, and a bowl of clam chowder.
(MP)

LOBSTER PIE

1/3 lb fresh lobster meat
topped with Ritz crumbs and baked
to perfection. (Priced Daily)

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