

28 Years and Counting



2 Main Street, Buzzards Bay 02532

(508) 759-1857

Casual Waterfront Dining

Fresh Fish Market & Live Lobster Pool

Sunset dinner specials & kids plates
Healthy and Gluten Free options
Beer & Wine ❖ WiFi

~ CATERING ~

COOKING CLASSES! ~ PRIVATE PARTIES!

SEE JEAN ON WTCV or YOUTUBE

"COOKING WITH JEAN"

SUMMER 2019

OPEN 11 to 7 ~ FRIDAY & SATURDAY TIL 8

~ Or later by Reservation ~

The Lanahan Family thanks you
for your business.

www.eastwindlobsterandgrille.com



Kids Plates

Served with fries and a juice box

- PB&J or Grilled Cheese 5
- Hot Dog or Hamburger 5
- Chicken Tenders 7
- Fish Bits & Fries 9

Sides

- Crab Cake 4
- Fish Cake 4
- Stuffed Quahog 5
- Clam Fritters 4 for 6
- Fried Fish Bits 10
- Shrimp Cocktail 6 for 10
- Coleslaw 1
- Basket of French Fries 5
- Basket of hand breaded Onion Rings 7
- Basket of Sweet Potato Fries 5
-  House Rice 2



Salads – Made Fresh Daily

Served with Ken's blue cheese,
Italian, or Ranch.

- Mixed greens with cucumber, cherry
tomatoes, carrots, and onion 6

Desserts

- Gourmet Chocolate Chip Brownies 3



*** Fish Market Open Daily ***

 denotes Gluten Free

Homemade Soup

Cup ~ Bowl

- New England Clam Chowder 4 - 6
- Lobster Bisque 5 - 7
- Soup de Jour 4 - 6

Sandwiches

Served on a toasted roll with chips or fries
and a pickle

THE ULTIMATE LOBSTER ROLL

6oz. of meat on a toasted roll
(Priced Daily)

- Haddock 'Wich 10
- Whole Clam Roll 18
- Scallop Roll 16
- Clam Strip Roll 12
- Tuna Salad Roll 7



- Boneless Fried Chicken 'Wich 7
- Cheeseburger Deluxe 7
- Man'wich (double meat) 10

Tacos

Served sweet potato fries or potato chips

- Fish Taco (fried haddock) 12
- Shrimp Taco (grilled) 12

Drinks

Pepsi Products & Ice Teas

Large Beer & Wine Selection

 denotes Gluten Free

Fried Seafood Dinners or A la carte

	Platters with Fries & Slaw	1/2 lb with Tartar Sauce
Haddock Fish & Chips	14	10
Shrimp – Large	15	12
Popcorn Shrimp	14	11
Coconut Shrimp	16	13
Clam Strips	15	12
Calamari	15	12
Sea Scallops	22	19
Whole Clams	22	19
Oysters	22	19
Fried 'Lobsta' with butter	Priced Daily	

TWO WAY COMBO PLATTERS

with fries, coleslaw, tarter sauce, and corn muffin

2 'fish' from above 25

THREE WAY COMBO PLATTERS

with fries, coleslaw, tarter sauce, and corn muffin

3 'fish' from above 40





FAMILY FISH or CHICKEN FRY

2 lbs Fish or Chicken, basket of fries
and pint of coleslaw 35 (Feeds 4)

From the Oven/Grille/Broiler

Served with potato or rice and vegetable.

-  Grilled Sword Tips 18
-  Herb Crusted Seared Salmon 16
- Baked Stuffed Haddock 15
- Pan Seared Scallops 22

Lobster and more Lobster...

Priced Daily

Shore Dinner

1 ¼ lb lobster plus 1 lb steamers
and 1 cup of chowder

Select & Jumbo Lobsters

1 ½ lbs. to 10+ lbs. Picked from live lobster
pool and cooked to order

Twin Lobsters

Two 1 ¼ lb. lobsters served with
drawn butter

–House Choice–

TRIPLE LOBSTERS

3 'chick' lobsters cooked to order,
served with drawn butter.

Get your bib on for this!!!



From the Steamer

Priced Daily ~ Seasonal

Steamers

2 lbs. with butter and broth 15

Little necks or Mussels

with garlic and toaster bread & butter 15

THE BUCKET: Two 1 ¼ lobsters, 2

lbs. of steamers with broth & butter,
and a bowl of clam chowder.

(Priced Daily)

LOBSTER PIE

1/3 lb fresh lobster meat
topped with Ritz crumbs and baked
to perfection. (Priced Daily)

 denotes Gluten Free